



The book was found

APRIL TO APRIL: My Year Beating Prostate Cancer



Synopsis

â œIn April last year I got the first indication that I might have prostate cancer. The highly aggressive nature of the cancer that followed could easily have taken me out. By the following April, I had completely beaten it. I've been a professional writer/researcher for 30 years, so it makes sense that I would write a book about itâ •. â œApril to Aprilâ • is Iainâ™s own quest for cure and it is for all men who suffer from this cancer (or may wish to prevent it), and for their families and friends who want to understand what their loved-one is going through. â œAlthough all the information is scattered around the internet, there is not one single book that covers all the bases. This book does.â • The book begins with an introduction to the ten basic tenets for the battle ahead. In 13 monthly chapters, (90,000 words), it deals with ways to beat prostate cancer by conventional treatment, alternative therapies, mind games, emotions, diet, exercise and love. Iainâ™s main argument with respect to conventional treatment is that doctors do not tell a patient all he needs to know about the process that lies ahead. He also explains how to choose the right hospital and specialist, the importance of dietary choices and ten alternative therapies that will halt tumour growth and alleviate side-effects, some of which he used alongside his own treatment. Much of the book is also about the support of family and friends. Regardless of the country in which a patient is undergoing treatment and recovery, beating cancer is a war and the patient needs all the tools at his disposal, including the tactic of embracing the enemy, not only to win that war, but to adapt his strategy for each stage in the long campaign. The final chapter offers a review of the choices he made and the longer term post-cancer fallout. â œIt is extremely important to get the message and knowledge across to as many people as possible." The first 26 pages are free to read and the book has its own facebook page. An audio version will be out in June.

Book Information

File Size: 845 KB

Print Length: 237 pages

Publication Date: December 12, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01MU086AS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #534,322 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health >

Prostate Health #89 in Books > Health, Fitness & Dieting > Men's Health > Prostate Health

#10059 in Kindle Store > Kindle eBooks > Medical eBooks

Customer Reviews

I really enjoyed + if that is the right word) your book. Like you I am a prostate cancer patient. Your frank and honest account has been uplifting and has given me the courage to pursue the next stage (radiotherapy). Your sensitivity and wit have made this a compulsive yet entertaining read.

[Download to continue reading...](#)

Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) APRIL TO APRIL: My Year Beating Prostate Cancer Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Prostate Health Diet: What to Eat to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Healthy Prostate: The Extensive Guide to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostat Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate Problems Including Prostate Cancer,

BPH Enlarged Prostate and Prostatitis Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) Eat to Beat Prostate Cancer Cookbook: Everyday Food for Men Battling Prostate Cancer, and for Their Families and Friends Prostate Cancer Prevention Diet Book: What to Eat to Prevent and Heal Prostate Cancer PROTONS versus Prostate Cancer: EXPOSED: Learn what proton beam therapy for prostate cancer is really like from the patient's point of view in complete, uncensored detail. Sex After Prostate Cancer: A Wife's Secrets. From Prognosis, PSA Test, Surgery to Happy Ending...: By Lori Wilk Wife of Prostate Cancer Survivor.

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)